

## **TRUE NORTH PROJECT**

### **RESOURCES FOR TEACHERS**

**California Department of Education: Resources for Alcohol, Tobacco, and Other Drug Prevention**

<https://www.cde.ca.gov/ls/he/at/>

**National Youth Risk Behavior Survey (YRBS) Findings**

[https://www.cdc.gov/healthyyouth/data/yrbs/index.htm?s\\_cid=hy-homepage-002](https://www.cdc.gov/healthyyouth/data/yrbs/index.htm?s_cid=hy-homepage-002)

**Key Findings for the California Healthy Kids Survey**

[https://calschls.org/docs/wested\\_calschls\\_17thbiennialkeyfindings\\_infographic\\_081221.pdf](https://calschls.org/docs/wested_calschls_17thbiennialkeyfindings_infographic_081221.pdf)

**Risk and Protective Factors for Substance Use**

<https://www.in.gov/fssa/dmha/substance-misuse-prevention-and-mental-health-promotion/risk-and-protective-factors-for-substance-use/>

**Drug Prevention Resources: Downloadable Tools for Parents, Teachers, and Administrators**

<https://drugfreegeneration.org/resources/downloadable-prevention-education-tools.html>

**Substance Use Prevention Programs**

<https://ojjdp.ojp.gov/model-programs-guide/literature-reviews/substance-use-prevention-programs - nlydqf>

**Natural High: Drug Prevention Activities for Students**

<https://www.naturalhigh.org/for-educators/>

**Positive Choices (Australia): Evidence-Based Quick Activities**

<https://positivechoices.org.au/resources/quick-activities/>

**National Institute on Drug Abuse: Lesson Plans and Activities**

<https://nida.nih.gov/research-topics/parents-educators/lesson-plans>

## **TRUE NORTH PROJECT**

### **RESOURCES FOR TEACHERS**

#### **California Friday Night Live Partnership**

<https://fridaynightlive.tcoe.org>

#### **How Using Social Media Effects Teenagers**

<https://childmind.org/article/how-using-social-media-affects-teenagers/>

#### **How Advertising Effects Kids**

<https://www.youtube.com/watch?v=1PZiT-OVuyg>

#### **Helping Teens Cope**

<https://extension.psu.edu/helping-teens-cope-now-and-later>

#### **Talking to Teens about Fentanyl**

<https://kingcounty.gov/depts/health/~media/depts/health/overdose/documents/youth-discussion-guide.ashx>

#### **Tobacco-Free Kids Campaign**

[https://www.tobaccofreekids.org/press-releases/2020\\_08\\_20\\_cdc\\_yrbs](https://www.tobaccofreekids.org/press-releases/2020_08_20_cdc_yrbs)

#### **McLean Hospital – Everything you need to know about addiction**

<https://www.mcleanhospital.org/essential/addiction>